

U2L2A4 | Sustainable meal menu

overview

In this activity you will create a menu for a meal using only food that fits the criteria for sustainable food.

learning goal

- To create a sustainable meal menu.

success criteria

- To create a sustainable meal menu.

Inquiry question

- Can I create a sustainable menu?

When creating a meal menu think about what foods are sustainable. Use the activity U2L2A3 “What is a sustainable food choice?” as your starting point. Based on where you live and the time of the year, list a number of foods that are sustainable. From this list, look up recipes that might work in creating your menu.